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Pharmacokinetics of Sulfamethoxazole with its Hydroxy Metabolites and N₄-Acetyl-, N₁-Glucuronide Conjugates in Healthy Human Volunteers

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Summary

The aim of this investigation was to assess the pharmacokinetics of sulfamethoxazole (S) with its hydroxy metabolites (SOH, N₄SOH, N₄OH) and N₄-acetyl- (N₄) and N₁-glucuronide (Sgluc) conjugates in 7 human volunteers after an oral dose of 800mg using a reversed phase gradient high-pressure liquid chromatography (HPLC) with UV detection. Sulfamethoxazole was rapidly and completely absorbed and metabolised to 5 metabolites. The plasma half-life ($t_{1/2}$) of elimination varied for the parent drug and its metabolites between 9.7 and 15 hours. The protein binding of S (67.2%) increased when the compound was acetylated (88%), and decreased when it was oxidised at the 5-position (40%). Glucuronidation at the N₁-position reduced the protein binding to 20%. The main metabolite in urine was N₄ ($43.5 \pm 5.6\%$), followed by S ($14.4 \pm 3.4\%$). The percentages of the Sgluc ($9.8 \pm 2.6\%$), N₄SOH ($5.3 \pm 1.0\%$), and SOH ($3.0 \pm 1.0\%$) did not differ statistically ($p = \text{NS}$). Only 2 to 3% of the N-hydroxylamine metabolite (N₄OH) was excreted. The renal clearance values were: Sgluc 176 ± 33 ml/min, SOH 96.1 ± 23.7 ml/min, N₄SOH 51.2 ± 10.4 ml/min, N₄ 35.2 ± 5.6 ml/min and S 2.7 ± 0.9 ml/min. The pharmacokinetic behaviour of the N₁-glucuronide was reported for the first time. If one of the metabolites is responsible for the occurrence of side effects, then all metabolites must be included in this analysis.

The known metabolism of sulfamethoxazole involves acetylation and oxidation at the N₄ nitrogen atom leading to N₄-acetylsulfamethoxazole (N₄) and N₄-hydroxysulfamethoxazole (N₄OH).^[1-4] The latter compound is thought to be responsible

for the occurrence of adverse effects with cotrimoxazole treatment for *Pneumocystis carinii* pneumonia in HIV-positive patients.^[5] Hydroxylation also takes place at the C₅ methyl group, leading to 5-hydroxysulfamethoxazole (SOH) and N₄-

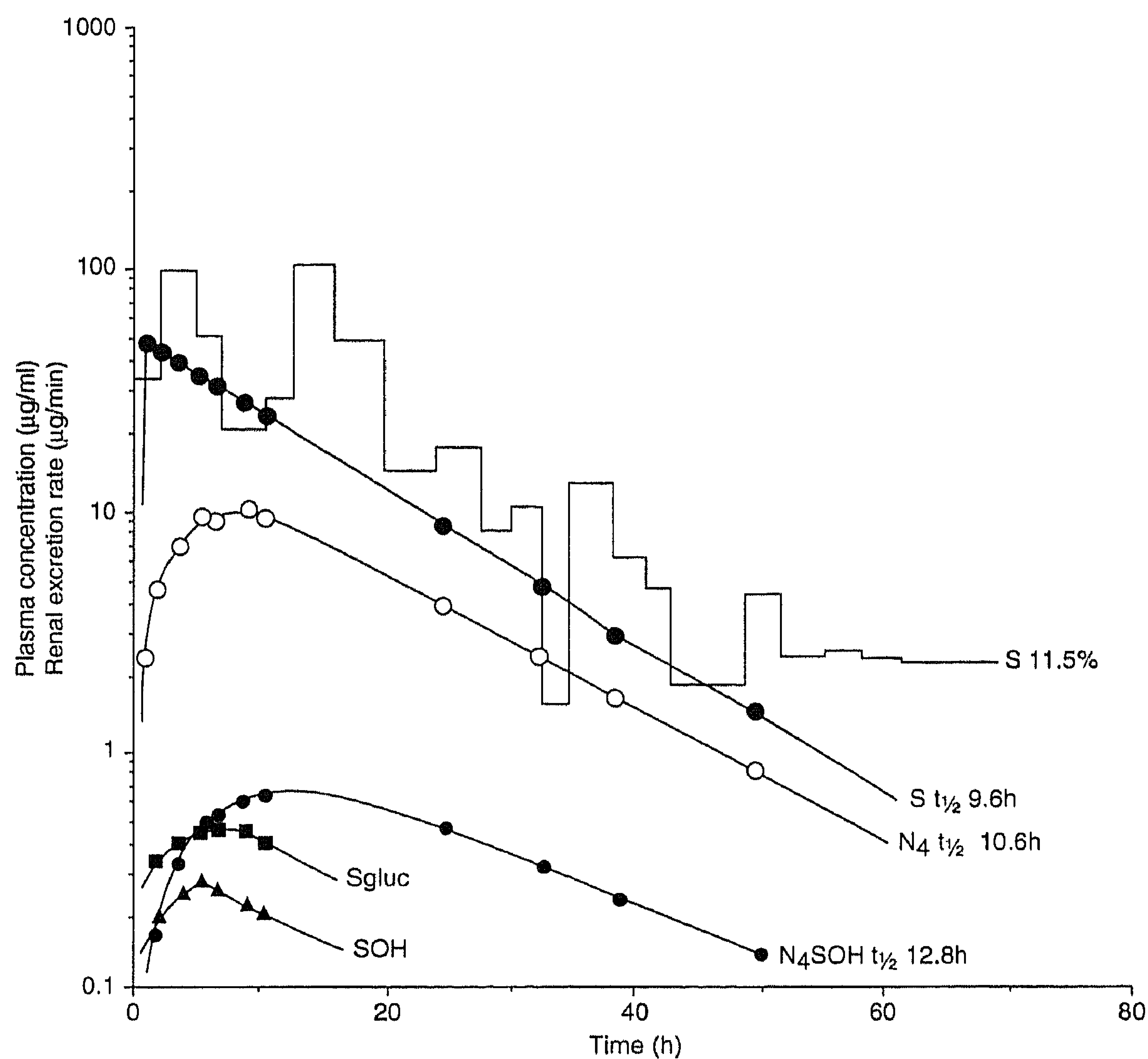


Fig. 2. Plasma concentration versus time curves of sulfamethoxazole (S), sulfamethoxazole-N₁-glucuronide (Sgluc), 5-hydroxysulfamethoxazole (SOH), N₄-acetylsulfamethoxazole (N₄) and N₄-acetyl-5-hydroxysulfamethoxazole (N₄SOH) in a volunteer (no. 3) after a single oral dose of sulfamethoxazole 800mg. For reasons of clarity, only the renal excretion rate-time profile and cumulative amount excreted (% mol dose) of sulfamethoxazole are given.

curonide conjugates in human plasma and urine by direct gradient HPLC analysis.

The pharmacokinetic data obtained can thereafter be compared with those obtained from HIV-positive patients, in order to detect discrepancies in metabolism that may be related to the occurrence of side effects

Participants and Methods

Participants

Seven human volunteers (4 males, 3 females; 4 fast acetylators and 3 slow acetylators of sulfa-

dimidine;^[21] age 30 ± 10 years; bodyweight 75 ± 8kg) ingested a single oral dose of sulfamethoxazole 800mg in one gelatine capsule (No XX) after an overnight fast.

The study was approved by the hospital ethics committee, and informed consent was obtained from the volunteers.

Sampling

Blood samples were collected in heparinised Eppendorf vessels (2ml) at regular time intervals over 2 days after administration by means of fingertip puncture with Monolet® lancets (Monoject, St

Louis, USA). After centrifuging at 3000g, plasma samples were stored at -20°C pending analysis.

Urine was collected upon untimed voiding. The total time of sample collection was 96 hours. Three samples (7ml) of each void were stored at -20°C pending analysis.

Drug Analysis

Sulfamethoxazole and all metabolites were analysed by direct HPLC analysis as described in detail elsewhere.^[15]

Sample Treatment

Plasma samples (100 μl) were deproteinised with 100 μl acetonitrile, centrifuged at 3000g, and 20 μl of the supernatant was injected onto the column.

Urine Samples

For the measurement of N_4OH , urine was centrifuged at 3000g, the supernatant was diluted 1:9 with 0.2 mol/L KH_2PO_4 buffer pH 5.0, and 20 μl was injected onto the column.

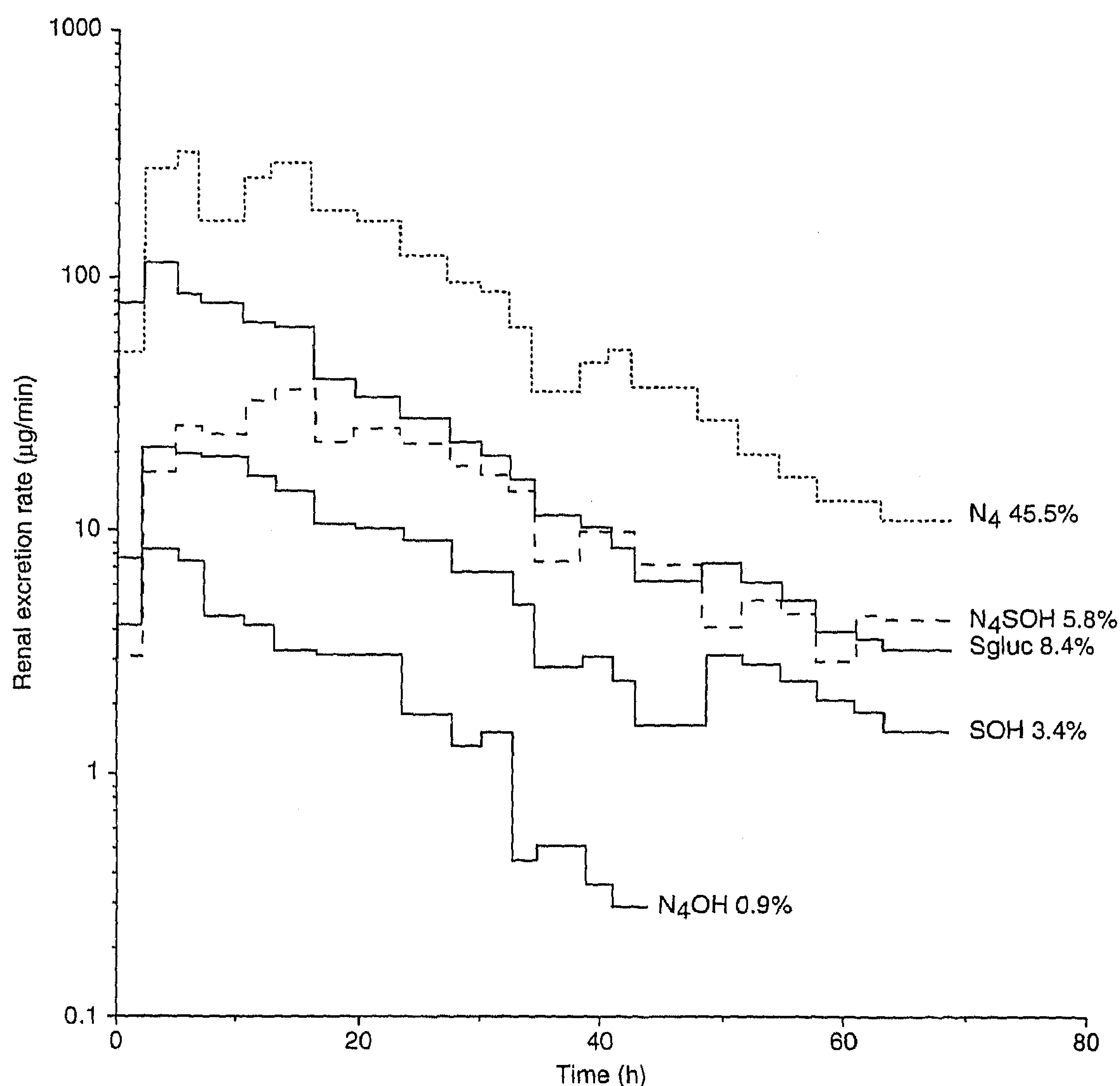


Fig. 3. Renal excretion rate-time profiles and cumulative amount excreted (% mol dose) of sulfamethoxazole- N_1 -glucuronide (Sgluc), 5-hydroxysulfamethoxazole (SOH), N_4 -acetylsulfamethoxazole (N_4), N_4 -acetyl-5-hydroxysulfamethoxazole (N_4SOH), and N_4 -hydroxysulfamethoxazole (N_4OH) in a volunteer (no. 3) after a single oral dose of sulfamethoxazole 800mg. For reasons of clarity, the renal excretion rate-time profile of sulfamethoxazole is omitted in this figure and is shown in figure 2.

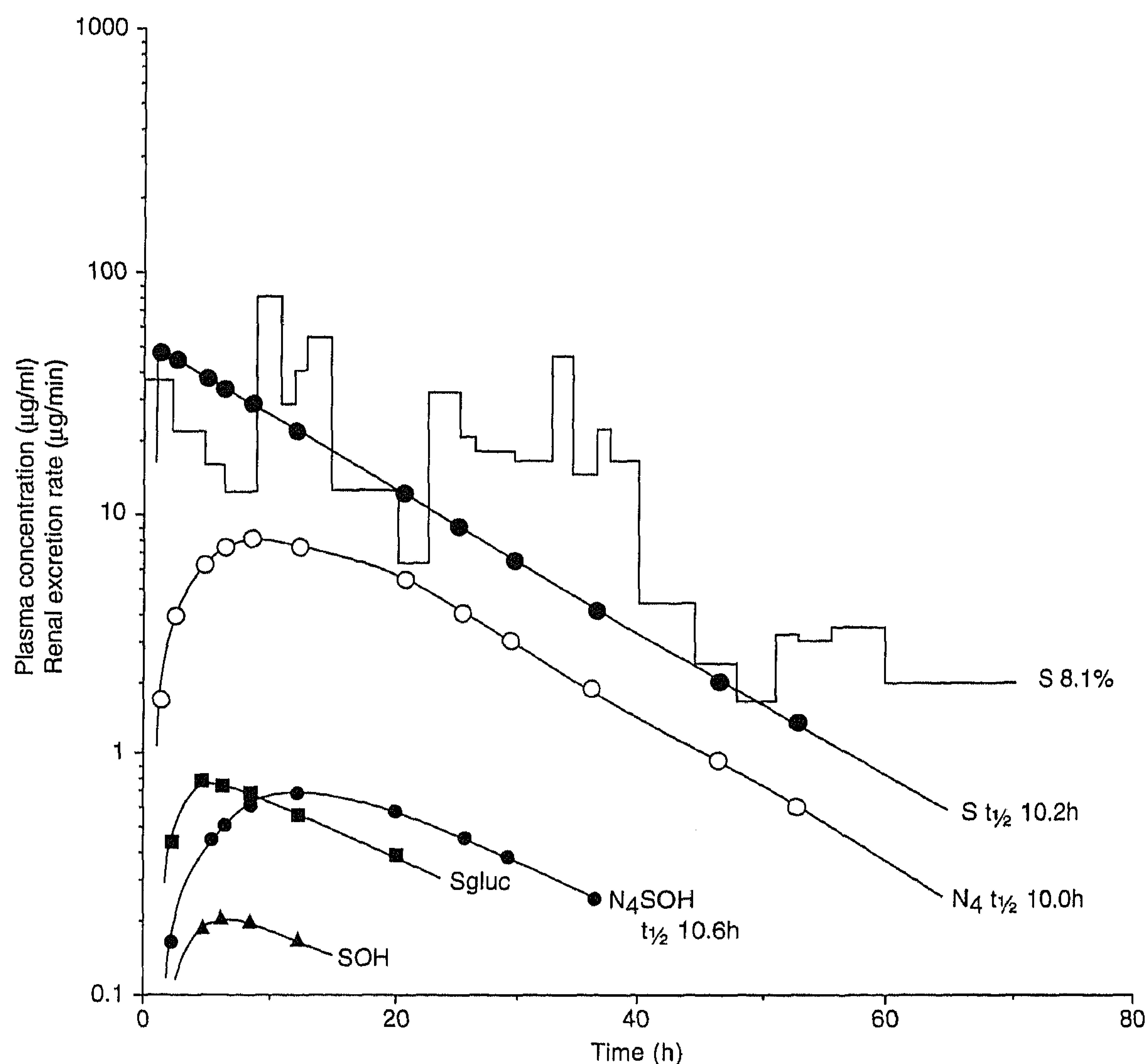


Fig. 4. Plasma concentration versus time curves of sulfamethoxazole (S), sulfamethoxazole- N_1 -glucuronide (Sgluc), 5-hydroxysulfamethoxazole (SOH), N_4 -acetylsulfamethoxazole (N_4) and N_4 -acetyl-5-hydroxysulfamethoxazole (N_4 SOH) in a volunteer (no. 4) after a single oral dose of sulfamethoxazole 800mg. For reasons of clarity, only the renal excretion rate-time profile of sulfamethoxazole is given.

For the measurement of sulfamethoxazole and the other metabolites, 50 μ l diethylamine was added to the urine sample of 7ml (pH 10) to increase the solubility of all sulfonamides, centrifuged at 3000g, and thereafter the supernatant was diluted 1:9 with 0.2 mol/L K_2PO_4 buffer pH 5.0.

Intraday-Interday Coefficient of Variation

The intraday and interday coefficients of variation of sulfamethoxazole and its metabolites were <5%.^[15]

Protein Binding

The protein binding (*in vitro*) of sulfamethoxazole and its metabolites was measured in blank plasma samples by means of the Amicon Micropartition system MPS-1 (Grace BV, Amicon Division, Capelle aan de IJssel, The Netherlands). The average protein binding was calculated from 4 spiked-plasma samples, equilibrated for 15 minutes at 37°C. Minimal drug binding to the filters was observed.

Table I. Pharmacokinetic parameters of sulfamethoxazole (S) after a single oral dose of 800mg to healthy volunteers (n = 7)

Parameter	Mean \pm SD		N ₄	p value ^b	N ₄ SOH	p value ^c	Sgluc	p value ^d	SOH
	S	p value ^a							
C _{max} (mg/L)	50.2 \pm 9.6	<0.0001	8.3 \pm 2.0	0.0093	0.56 \pm 0.14		0.77 \pm 0.31		0.38 \pm 0.17
t _{lag} (h)	0.29 \pm 0.41		0.48 \pm 0.49		1.11 \pm 0.89		1.21 \pm 1.00		0.74 \pm 1.03
t _{max} (h)	1.0 \pm 0.8	<0.0001	6.9 \pm 1.7	0.0019	10.4 \pm 1.7	0.0020	5.5 \pm 3.4		9.3 \pm 3.8
t _{1/2 abs} (h)	0.12 \pm 0.14	0.0146	2.3 \pm 0.9	0.0163	4.5 \pm 2.4	0.0117	1.3 \pm 1.4		4.7 \pm 5.0
t _{1/2} (h)	9.7 \pm 1.3		11.2 \pm 1.7		11.1 \pm 3.3	0.0352	15.2 \pm 5.3		9.5 \pm 1.7
MRT (h)	14.4 \pm 2.2	0.0044	19.8 \pm 2.9	0.0289	24.1 \pm 3.1		25.1 \pm 6.8		21.5 \pm 3.5
MRT _i (h)	^e		5.7 \pm 1.9		10.1 \pm 3.0		9.6 \pm 7.6		20.6 \pm 14.2
MRT _{ij} (h)	^e		^e		3.9 \pm 1.9		^e		^e
AUC (mg/L·h)	742. \pm 201	<0.0001	198. \pm 41	0.0052	20.3 \pm 7.5		19.8 \pm 4.9		12.5 \pm 5.7
CL _o (L/h)	0.93 \pm 0.24	0.0133	1.9 \pm 0.3		2.5 \pm 0.7	0.0002	4.9 \pm 1.7		4.8 \pm 2.0
V _{ss} (L)	12.7 \pm 2.5	0.0537	30.3 \pm 7.9		42.9 \pm 19.0	0.0005	102.6 \pm 30.4		94.7 \pm 53.4
% dose excreted ^f	14.4 \pm 3.4	<0.0001	43.5 \pm 5.6	<0.0001	5.3 \pm 1.0	0.0091	9.8 \pm 2.6	0.0004	3.0 \pm 1.0
CL _R (ml/min)	2.7 \pm 0.9	<0.002	35.2 \pm 5.6		51.2 \pm 10.4	<0.0001	176 \pm 33	<0.0001	96.1 \pm 23.7.

a Difference between S and N₄.b Difference between N₄ and N₄SOH.c Difference between N₄SOH and Sgluc.

d Difference between Sgluc and SOH.

e Not stable in plasma.

f % dose excreted for sulfamethoxazole-N-hydroxylamine = 2.1 \pm 0.9%.

Abbreviations: AUC = area under the concentration-time curve; CL_o = oral clearance; CL_R = renal clearance; C_{max} = maximum plasma drug concentration; MRT = mean residence time; MRT_i = intrinsic mean residence time (metabolite - parent); MRT_{ij} = intrinsic mean residence time (metabolite j - metabolite i); N₄ = N₄-acetylsulfamethoxazole; N₄SOH = N₄-acetyl-5-hydroxysulfamethoxazole; Sgluc = sulfamethoxazole-N₁-glucuronide; SOH = 5-hydroxysulfamethoxazole; t_{lag} = lag time; t_{max} = time to reach maximum concentration; t_{1/2} = half-life; t_{1/2 abs} = absorption half-life; V_{ss} = apparent volume of distribution at steady-state.

Drugs

Sulfamethoxazole and N₄-acetylsulfa-methoxazole were obtained from Hoffmann-LaRoche (Mijdrecht, The Netherlands). The metabolites 5-hydroxysulfamethoxazole, N₄-acetyl- 5-hydroxysulfamethoxazole, and sulfamethoxazole- N₁-glucuronide were isolated from human urine as described elsewhere.^[15] N₄-hydroxysulfamethoxazole was synthesised by Syntho (Nijmegen, The Netherlands). All other reagents were of proanalysis quality and obtained from Merck (Darmstadt, Germany).

Pharmacokinetics

Curve fitting was carried out, and pharmacokinetic parameters were calculated using the MediWare[®] computer package.^[22] The area under the plasma concentration-time curve from zero to

infinity (AUC_{0-∞}) values were calculated using the linear trapezoidal rule with extrapolation to infinity from C(last)/λ_z:

$$\text{MRT} = \text{AUMC}/\text{AUC} = V_{ss}/\text{CL} + 1/k_a + t_{lag};$$

$$t_{1/2z} = \ln 2/\lambda_z$$

where MRT is the mean residence time, AUMC is the area under the moment curve, V_{ss} is the apparent volume of distribution at steady-state, CL is the total body clearance, k_a is the absorption rate constant, t_{lag} is the lag time and t_{1/2z} is the elimination half-life.

$$\text{CL}_{o,\text{parent}} = F \cdot D/\text{AUC}_{0-\infty}$$

where CL_{o,parent} is the oral clearance of the parent drug, and the bioavailability F taken as the total

percentage of parent drug and metabolites of the molar dose (μmol) excreted in the urine.

$$CL_{0,\text{metabolite}} = F_m \cdot D / AUC_{0-\infty}$$

where $CL_{0,\text{metabolite}}$ is the oral clearance of the metabolite, and the bioavailability of the metabolite F_m is approximately equal to the percentage of the molar dose excreted in the urine as metabolite.

Renal clearance $CL_R = \text{mg excreted} / AUC_{0-\infty}$, which corresponds to the average renal clearance obtained from the renal excretion rate divided by the extrapolated plasma concentration at the midpoint of the urine collection period ($n = 5$). For metabolites with a small $AUC_{0-\infty}$, the average renal clearance was calculated.

$$MRT = MRT_{\text{absorption}} + MRT_{\text{disposition}}$$

with $MRT_{\text{absorption}} \ll MRT_{\text{disposition}}$.

$$MRT_i = MRT_{\text{metabolite}} - MRT_{\text{parent}}$$

where MRT_i is the intrinsic mean residence time, and

$$MRT_{ij} = MRT_{\text{metabolite } ij} - MRT_{\text{metabolite } i(N_4SOH-N_4)}.$$

Statistical Analysis

Regression lines, standard deviations, and analysis of variance (ANOVA) were calculated according to standard statistical procedures.^[23] Statistical significance was defined as $p < 0.05$.

Results

Figure 2 shows an example of plasma concentration-time curves and figure 3 the corresponding renal excretion rate-time profiles of sulfamethoxazole and its metabolites in one male volunteer (no. 3). In this particular volunteer, the $t_{1/2}$ of the metabolites in plasma were slightly higher than that of the parent drug. Figure 4 shows identical half-lives of the parent drug and metabolites in the plasma concentration-time curves of sulfamethoxazole in another volunteer (no. 4).

Table I summarises the mean \pm SD values of the measured pharmacokinetic parameters of sulfamethoxazole in the volunteers.

The lag time indicates the length of time elapsed before the appearance of a measurable plasma concentration of drug and metabolites. The average sequence of appearance in the blood was sulfamethoxazole 0.29 ± 0.41 hours, N_4 at 0.48 ± 0.49 hours ($p = \text{NS}$), SOH at 0.74 ± 1.03 hours ($p = \text{NS}$), N_4SOH at 1.11 ± 0.89 hours ($p = 0.028$), finally followed by $Sgluc$ at 1.21 ± 1.00 hour ($p = 0.049$; p values compared with sulfamethoxazole).

The time at which the maximum concentration (C_{max}) was reached (t_{max}) was the shortest for the parent drug (1.02 ± 0.84 hours), followed by that for $Sgluc$ at 5.5 ± 3.4 hours ($p = 0.0024$), N_4 at 6.9 ± 1.7 hours ($p < 0.0001$), SOH at 9.3 ± 3.8 hours ($p = 0.0004$) and N_4SOH at 10.4 ± 1.7 hours ($p < 0.0001$; p values compared with sulfamethoxazole).

Table II. *In vitro* protein binding of sulfamethoxazole and its metabolites

Compound	Concentration (mg/L)	Protein binding (%)	CV (%)
Sulfamethoxazole	52.0	67.2	4.3
5-Hydroxysulfamethoxazole	9.9	40.3	5.4
Sulfamethoxazole- N_1 -glucuronide	10.1	26.7	1.1
N_4 -acetylsulfamethoxazole	9.6	88.1	4.7
N_4 -acetyl-5-hydroxysulfamethoxazole	11.6	69.5	15
N_4 -hydroxysulfamethoxazole	a	a	a

a Not stable in plasma.

Abbreviation: CV = coefficient of variation.

Table III. Apparent and true renal clearance values of sulfamethoxazole and its metabolites

Compound	CL _{R,apparent} (ml/min)	Protein binding (%)	CL _{R,true} (ml/min)
Sulfamethoxazole	2.7 ± 0.9	67.2	8.3
5-Hydroxysulfamethoxazole	96.1 ± 23.7	40.3	161
Sulfamethoxazole-N ₁ -glucuronide	176 ± 33	26.7	240
N ₄ -acetylsulfamethoxazole	35.2 ± 5.6	88.1	296
N ₄ -acetyl-5-hydroxysulfamethoxazole	51.2 ± 10.4	69.5	168
N ₄ -hydroxysulfamethoxazole	a	a	a

a Not stable in plasma.

Abbreviation: CL_R = renal clearance.

The absorption half-life ($t_{1/2\text{abs}}$) of sulfamethoxazole was 0.12 ± 0.14 hours, which was much shorter than that calculated for the metabolites. The $t_{1/2\text{abs}}$ of N₄ (2.3 ± 0.9 hours) was identical ($p = \text{NS}$) to that of Sgluc (1.3 ± 1.4 hours). The same was observed for the formation of the hydroxy metabolites SOH (4.7 ± 5.0 hours) and N₄SOH (4.5 ± 2.4 hours; $p = \text{NS}$).

The plasma elimination $t_{1/2}$ varied between 9.6 and 11 hours (9.7 ± 1.3 hours) for the parent drug and metabolites. The $t_{1/2}$ was slightly higher for Sgluc (15.2 ± 5.3 hours; $p = 0.0352$). The elimination $t_{1/2}$ derived from the renal excretion rate-time curves for all compounds was identical to that of the N₄-acetyl metabolite.

The mean residence times (MRT) of the metabolites (20 to 25 hours) were higher than that of the parent drug (14.4 ± 2.2 hours; $p = 0.0044$). The intrinsic mean residence time (MRT_i), defined as $\text{MRT}_{\text{metabolite}} - \text{MRT}_{\text{parent drug}}$, for N₄ was 5.7 ± 1.9 hours ($p = 0.0006$), for Sgluc was 9.6 ± 7.6 hours ($p = \text{NS}$); for N₄SOH was 10.1 ± 3.0 hours ($p = \text{NS}$); and for SOH was 20.6 ± 14.2 hours ($p = \text{NS}$; p values compared with MRT-S).

The intrinsic MRT_{ij} of N₄SOH, when it was assumed to be formed from N₄, was 3.9 ± 1.9 hours, which did not differ significantly from the MRT_i of N₄-acetylsulfamethoxazole (5.7 ± 1.9 hours).

The *in vitro* protein binding of sulfamethoxazole is shown in table II. The protein binding of sulfamethoxazole (67.2%) increases when

the compound is acetylated (88%); it decreases when it is oxidised at the 5-position (40%). Glucuronidation at the N₁-position reduces the protein binding to 20%.

Renal Clearance

The main metabolite in urine was N₄ ($43.5 \pm 5.6\%$), followed by sulfamethoxazole ($14.4 \pm 3.4\%$) and the N₁-glucuronide ($9.8 \pm 2.6\%$). The percentages of N₄SOH ($5.3 \pm 1.0\%$) and SOH ($3.0 \pm 1.0\%$) did not differ significantly ($p = \text{NS}$). Only $2.1 \pm 0.9\%$ of the N-hydroxylamine metabolite (N₄OH) was excreted. No difference was found between the fast and slow acetylators of sulfadimidine concerning the percentage of metabolites of sulfamethoxazole.

The highest apparent renal clearance was achieved with Sgluc with 176 ± 33 ml/min. When corrected for protein binding, the true renal clearance was 240 ml/min. The renal clearance value of SOH was 96.1 ± 23.7 ml/min, which was significantly lower than that for the N₁-glucuronide ($p < 0.0001$). The renal clearance value of N₄SOH was 51.2 ± 10.4 ml/min and for N₄ was 35.2 ± 5.6 ml/min; these values were not significantly different. When corrected for protein binding, the true renal clearance values of SOH and N₄SOH were similar (161 vs 168 ml/min). The true renal clearance of N₄ was similar to that of the N₁-glucuronide (296 vs 240 ml/min).

Sulfamethoxazole had the lowest apparent renal clearance of 2.7 ± 0.9 ml/min and a true renal clearance of 8.3 ml/min (table III).

Discussion

Sulfamethoxazole is relatively well absorbed after oral administration. The percentage of the dose excreted in the urine as parent drug and metabolites varied between 70 and 90%.^[11-14] The lag time (t_{lag}) gives the sequence of appearance in plasma and an indication regarding the dissolution rate and the absorption rate of the parent drug and the apparent rate of formation of the metabolites (t_{lag} metabolite - t_{lag} parent).

The t_{max} is also a hybrid parameter, determined by the processes of absorption or formation and the intrinsic rate of elimination. Absorption of sulfamethoxazole is readily completed as the t_{max} occurs at 1 hour; those of the primary conjugates (N₄-acetyl-, and N₁-glucuronide) occur at 5 to 7 hours. The oxidation to SOH and N₄SOH proceeded at a slower rate but for a longer period; t_{max} was achieved at 10 hours.

The absorption half-life of the metabolites is a hybrid of the rates of formation and elimination. Like the t_{max} , this variable demonstrated that the rates of formation of N₄-acetylation and N₁-glucuronidation were similar ($p = 0.36$), and as fast as the oxidation at the 5-position ($p = 0.08$). The C_{max} and $AUC_{0-\infty}$ values of N₄ were 10 times higher than those of Sgluc. With equal absorption/formation rates and equal rates of elimination by renal clearance, it may suggest that the maximum velocity of the capacity-limited process (V_{max}) or the enzyme concentration of the N-acetylase(s) is 10 times higher than that of the N₁-glucuronyltransferase(s).

The apparent elimination half-life of all metabolites was similar, as has been demonstrated many times previously for sulfamethoxazole and its acyl metabolite.^[11-14] A slight variation in $t_{1/2}$ was observed between sulfamethoxazole and N₄, the $t_{1/2}$ of sulfamethoxazole was 9 hours and that of N₄ was 10 hours. This occurred when the urine pH of the subject varied between pH 6 and 8, and renal

clearance of sulfamethoxazole contributes noticeably to the overall oral clearance. When the $t_{1/2}$ of sulfamethoxazole was 10 hours, it was identical to that of the N₄-acetyl metabolite. In the latter case the rate of acetylation of sulfamethoxazole governs the $t_{1/2}$ of both sulfamethoxazole and N₄ (fig. 4). These differences were observed within one subject, but did not reach statistical significance in the whole group of volunteers. The metabolites SOH and Sgluc demonstrated very small AUC values; the plasma concentrations were 5 to 10 times the quantitation limit. In these cases, the parallelism of the renal excretion rate-time profiles demonstrated the similarity of the half-lives.

When the apparent plasma elimination half-lives of the metabolites are identical to that of the parent drug, the total body clearances of the metabolites are higher and the intrinsic MRT values must be smaller than that of the parent drug, which indeed was the case (table I). Sulfamethoxazole is eliminated predominantly by metabolic conversion into the metabolites, which in turn are eliminated predominantly by renal excretion. The acetylator phenotype for sulfadimidine did not result in measurable differences in the percentage of the metabolite, nor in differences in the half-lives.^[13,14,21] Thus, in the *in vivo* situation an acetylator phenotype for sulfamethoxazole cannot be distinguished.^[24]

Sgluc and N₄ showed the highest true renal clearance values as the result of glomerular filtration and active tubular secretion. All metabolites were excreted by active tubular secretion, as their renal clearance values exceeded the glomerular filtration rate. Furthermore, urine pH and urine flow have little effect on the renal clearance, and the renal clearance of N₄ can be reduced by probenecid comedication.^[12,13] The renal clearance of the metabolites equalled their total body clearance, indicating that they were not further metabolised. The renal clearance of Sgluc was twice that of the calculated total body clearance, which may indicate that this glucuronide is synthesised in part by the human kidney, as previously reported for the methoxysulfonamides.^[16-18]

The electrophilic metabolite N_4OH , which may be held responsible for the occurrence of side effects,^[5,25] was excreted for 2.1% of the dose in the urine. This means that only the free or unreacted N_4OH was excreted and that the part causing side effects was not measured. When comparing the pharmacokinetics of sulfamethoxazole between healthy volunteers and HIV-positive patients, discrepancies in metabolism may reveal a relationship with the occurrence of side effects in HIV-positive patients. If the percentage of N_4OH excreted in the urine of HIV patients is less than that in healthy volunteers, it must be guaranteed that this is not the result of alterations in the C-oxidation, N_4 -acetylation and N_1 -glucuronidation.^[26-28] This work is now under investigation.

Conclusion

In conclusion, sulfamethoxazole is well absorbed from the gastrointestinal tract and biotransformed to 5 metabolites. It is oxidised and conjugated by acetylation and glucuronidation. The pharmacokinetics of the N_1 -glucuronide have been reported for the first time. The parent drug was eliminated mainly by metabolism, while the metabolites were eliminated mainly by renal excretion, resulting in comparable apparent half-lives.

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